



Prospect School VIEW

Issue 29

10 May 2019

ASPIRE • BELIEVE • ACHIEVE

It's been a great week for football.



Mr D Littlemore
Headteacher

Whether a supporter or not....

The performances of Liverpool and Spurs were a treat for all football fans, and I think there is much that we can learn from them which can be applied to what we do at school. Both teams, at 3-0 down, faced a seemingly impossible battle. But they dug deep, showed commitment and determination and delivered the result. When faced with such challenges, it is all too easy to give up, but what we have learnt from the players in the Champions League is that they did not. The self belief that they had was evident as they worked together as a team to bring about the result that they needed. School

can be a bit like that at times. Never giving up when faced with difficulties as well as having self-belief and the growth mindset that you CAN do it are some of the most powerful routes to success. Whilst I don't know what Pochettino said to his players at half time, it was definitely the right message. Being Headteacher sometimes feels a little like being a football manager and so I will continue to give our students the pep talks and messages of positivity and encouragement that they need to be champions as well!

Two groups of our students have been starting their

journeys to power and success this week; a group of Year 7 and 12 students visited the Houses of Parliament, where they saw the inner workings of the government and met with our local MP, Alok Sharma, whilst another group from Year 9 were at Keble College, Oxford University - the alma mater of many of our politicians and business leaders. I hope these visits have showed our students the great opportunities that await them – a positive mindset is so important.

Mr D Littlemore
Headteacher

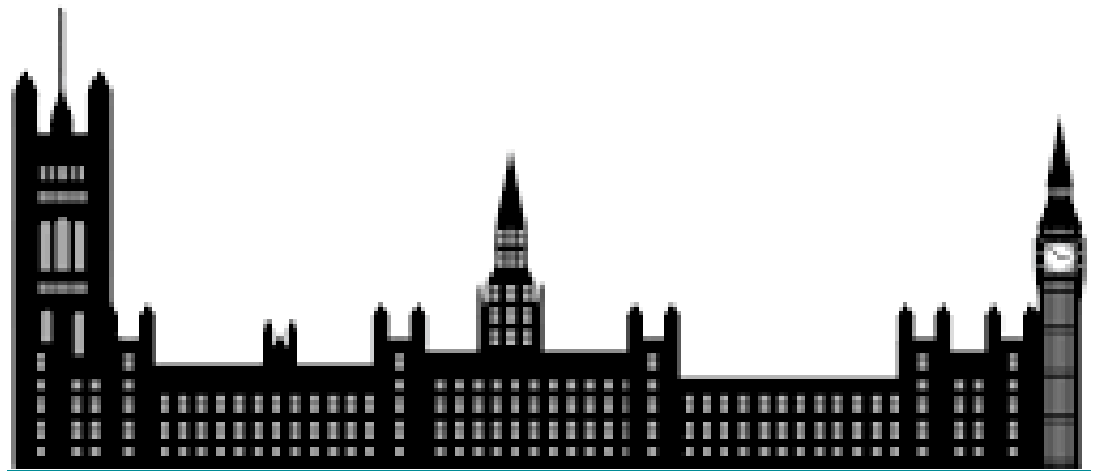


Quote of the week

"The way to get started is to quit talking and begin doing."

Walt Disney





PROSPECT PARLIAMENT

Have your say! This week, Year 7 Prospect Parliament reps have been discussing the student planner and ways in which it can be improved. How useful is it? Do they need one? What size would they like? What information do they think it should contain? All of the ideas gathered together will help us decide the way the planner should work. If you have any comments or suggestions, contact Mr Beard or see your Prospect Parliament rep.

Mr N Beard
Head of Sixth Form



Looking after your welfare

We have two free and confidential school nurses

Our school Nurse, **Helen Snell** is in school every Wednesday. She runs a drop in clinic at first break, where students can just come along if they have any questions concerning any aspects of their health. She can also make appointments for longer, 1-2-1 sessions. If you have any questions or concerns about:

- Self-harming
- Sexual health
- Eating/diet
- Puberty
- Periods
- Drugs/alcohol/smoking
- Skin care
- Friendship issues

Helen can offer practical support and advice.

Dan Ellis, Sexual Health Nurse is also in school every Wednesday at second break, where he runs a drop-in clinic offering:

- Free condoms/contraceptive advice
- Pregnancy testing
- STI testing
- Emergency contraception

Helen and Dan can be found in the small office in between D16 and D17. Their clinics are free and completely confidential. Alternatively, students can speak to their Head of Year who will complete a referral, if you feel you might need a longer appointment.



 Prospect School **SIXTH FORM**

www.prospect.reading.sch.uk

Prospect Sixth Form - the route to success!

This week, Prospect students appeared on the screens of all the bus routes across the Reading Buses network. The advert is designed to promote the Sixth Form and let the rest of Reading know what we have to offer. We have already had great interest from our Year 11s as well as from students from other institutions.

What's on offer?

This year we are offering a wider range of courses, including level 2 courses in IT, Sport, Public Services and Travel and Tourism.

We are expanding our Level 3 offer to include Level 3 Sport, Performing Arts, Art and Design (Product and Graphics) and Level 3 Criminology. These new courses will sit alongside our existing comprehensive offer which includes:

Government and Politics, Economics and Psychology A-levels. Students can apply to the Sixth Form via the 'Apply to Sixth Form' link on the school website.

We have great facilities for study, a designated café area and a welcoming and supportive team whose aim is to ensure our students get the best out of their time at school and are ready for the next stage of their lives.

To find out more about our sixth form contact Mrs Jayne Jeffery on:

01189590466 or email jjeffery@prospect.reading.sch.uk

Mr N Beard
Head of Sixth Form



Mr N Beard,
Head of Sixth Form

Don't forget our Level 2 offer!

We have had a large number of applicants for sixth form this year and, with a wider range of courses, it is easy to see why. In addition to the A levels and Level 3 BTEC course, we are also offering Level 2 courses in Travel and Tourism, ICT and Sport. We will also be running English and Maths GCSE for those students who need it.

It is not too late to apply! Log in to the school website and click link 'apply to sixth form' under the Sixth Form tab. Alternatively, see Mr Beard, Ms Holt or Mrs Jeffery in the Sixth Form office who will guide you through the process.

Theme of
the week
13 - 17 May

Mental Health Awareness week



Mental Health Awareness Week

13 - 17 May is Mental Health Awareness week and this year's theme is Body Image and Body Confidence which is one of the main preoccupations associated with emotional health and well-being amongst teens.

It is an opportunity to get the message out there to students that body confidence is a significant issue for young people and adults alike and is heavily linked to bullying

- both, of course, contribute to mental health struggles.

I will be asking students to complete surveys in tutor groups this week and encouraging them to share their experiences.

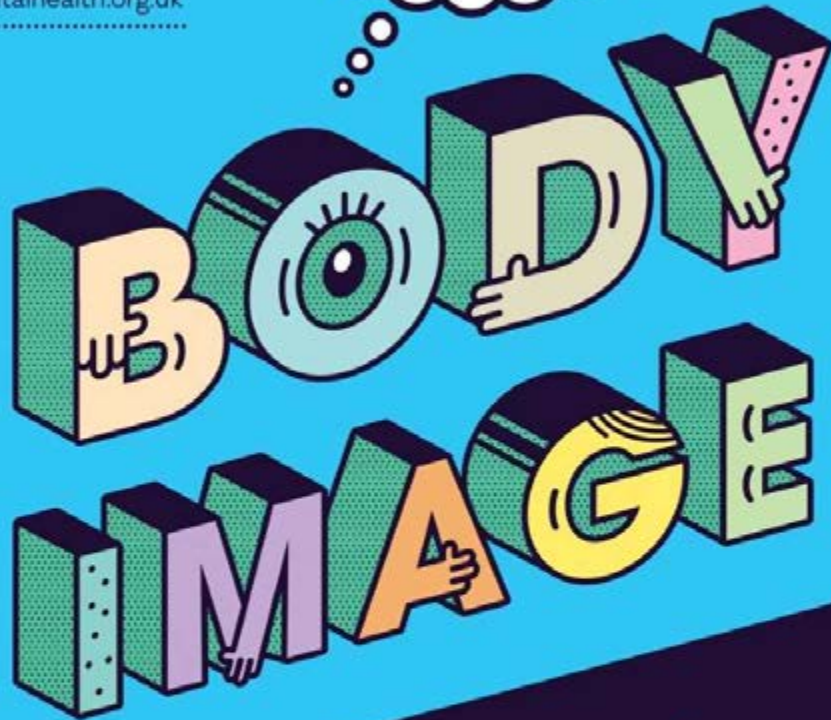
Brendan Keane-Grufferty
School Counsellor

Mental Health
Awareness Week

13-19 May 2019

mentalhealth.org.uk

How we think
& feel about
our bodies



Mental Health
Foundation



An interview with an Estate Agent - Helen Gallagher

- 1. What did you want to be when you were at school?**
A teacher.
- 2. What subjects did you enjoy and why?**
English, art and PE.
- 3. What subjects were a challenge?**
Chemistry - they lost me at the Periodic Table!
- 4. What was your first proper full-time job after college/university/school?**
I worked in telesales.
- 5. How did you decide which was the right career for you?**
I like my job, it pays well and I am not sitting at a desk. I love looking at houses.
- 6. If you could give your younger self some careers advice what would it be?**
Just have fun - school can be dull at times but believe in yourself.
- 7. If you could do any job or career what would it be and why?**
An interior designer - it seems so upmarket and I would be able to put my creative skills to use.
- 8. What do you enjoy about your job?**
Making money and closing the deal.
- 9. If you could change one thing about your job/career what would that be?**
People who are in a massive house-buying chain and change their mind at the last minute.
- 10. What are the main skills you need to do your job?**
Being good with people, being able to take good photographs and negotiation skills.
- 11. Are there any specific qualifications/skills needed? If so what?**
You need to be able to remember lots of information but you really just need to be able to sell.

Siobhan Gallivan
Head of Careers - Room D4
sgallivan@prospect.reading.sch.uk

Save the date!

QUIZ NIGHT

Prospect Community Association

The PCA's first event will be a Quiz Night on June 7th. Watch out for more details in the next Prospect News. In the meantime, if you would like to volunteer to help on the evening or you would like to become involved in with Prospect Community Association,

please contact Anna Fowler on anna_m_fowler@hotmail.com or Mr Beard at the school nbeard@prospect.reading.sch.uk

Mr N. Beard
Head of Sixth Form

Puzzle of the week



Find 5 consecutive digits in the number below that have a sum of 21.

7342657318439382174526543



Answer will be in the next newsletter

Last issue's answer: The other numbers are: **153 - 370 - 371**

What's occurring?



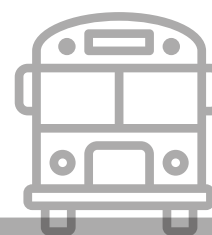
SCHOOL CALENDAR

Date	Event	Details
2018 - 2019	Term Five	Tuesday 23 April - Friday 24 May



REPORT DATES

Year Groups	Scheduled between
7,8,9,10,12	Monday 1 July - Friday 5 July 2019



SCHOOL TRIPS

Date	Event	Year Groups
Every Wed until July end of term	Rushall Farm, Bradfield, READING	Selected Year 7
Fri 17 May 2019	Oxford University Taster Day, OXFORD	9 & 10
Wed 22 May 2019	Greenham Common, NEWBURY	10 & Sixth Form

SUPER SATURDAYS and Extra Revision Classes

Please find a list of all Super Saturdays on offer for Year 11 students below. This list will be updated each week. Teachers will have informed their students already, if they are required to attend these sessions. Please do e-mail me if you have any questions regarding this. smccavish@prospect.reading.sch.uk

Date	Subject	Teacher	Times	Room
11 May	English Literature	Ms Mahere	10:00am - 12:00pm 12:30pm - 2:30pm	A12
11 May	English	Mr Dieu	10:00am - 12:00pm	A32
11 May	iMedia	Miss Nakimbugwe	9:00am - 12:00pm	C24
18 May	Media	Mr Dieu	10:00am - 12:00pm 12:00pm - 2:00pm	L19
31 May (Friday half-term)	History	Miss McCabe	9:00am - 11:00am	D17 and D18
1 June	iMedia	Miss Nakimbugwe	9:00am - 12:00pm	C24
1 June	Media	Mr Dieu	10:00am - 12:00pm 12:00pm - 2:00pm	L19
8 June	History	Miss McCabe	9:00am - 11:00am 11:00am - 1:00pm	D17 and D18

EXTRA CURRICULAR ACTIVITIES

We offer a wide range of extra curricular activities to help you learn more and to develop your skills.

Why not come along?

Subject	Year Groups	Day	Time	Location
Art				
Coursework Catch Up	9-11	Monday	3.00pm-4.00pm	Art Block
Coursework Catch Up	9-11	Wednesday	3.00pm-4.00pm	Art Block
Coursework Catch Up	9-11	Thursday	3.00pm-4.00pm	Art Block
Computing				
Hi-Flyers Workshop	10-13	Tuesday	2.45pm-3.45pm	C23
Computer Science Clinic	10-13	Wednesday	1.15pm-1.45pm	C24
Cyber Stars	7-9	Thursday	1.15pm-1.45pm	C21
Drama/Music				
KS3 Drama Workshop	7-8	Tuesday	1.15pm-1.45pm	A02
KS4 Music Theory Workshop	9-11	Wednesday	2.45pm-3.45pm	A10
KS3 Choir	7-8	Thursday	1.15pm-1.45pm	A10
KS4 Music Composition Workshop	9-11	Thursday	2.45pm-3.45pm	A10
Drum Ensemble		Friday	1.15pm-1.45pm	Music Studio
KS4 Drama Workshop	9-11	Friday	1.15pm-1.45pm	A02/LSH
General				
After School Homework Club	All	Every day	2.45pm-3.45pm	Library
Music Group (with the School Counsellor)	All	Wednesday	3.30pm-5.00pm	Music Dept
German				
GCSE Revision – Listening/Reading Skills	11	Wednesday	10.45am-11.15am	L11 (Mrs McCavish)
Health & Social Care				
Health & Social Care Intervention	11	Thursday	10.45am-11.15am	H&SC Dept
Health & Social Care Intervention	11	Friday	2.45pm-3.45pm	H&SC Dept

EXTRA CURRICULAR ACTIVITIES

Subject	Year Groups	Day	Time	Location
---------	-------------	-----	------	----------

History

Year 11 Revision Group	11	Wednesday	2.45pm-3.45pm	D26
Year 11 Revision Group	11	Thursday	2.45pm-3.45pm	D17
Year 11 Revision Group	11	Thursday	2.45pm-3.45pm	A34

Mathematics

Mathematics Help Club	7-10	Wednesday	3.00pm-4.00pm	D21
Mathematics Help Club	11	Wednesday	3.00pm-4.00pm	D33

P.E.

Basketball	10 & 11	Monday	10.45am-11.15am	Sports Hall
Basketball	7, 8 & 9	Monday	10.45am-11.15am	Gym
Netball	All Years	Monday	1.15pm-1.45pm	Sports Hall
Basketball	10 & 11	Monday	1.15pm-1.45pm	Gym
Table Tennis	All Years	Monday	1.15pm-1.45pm	Lower School Hall
Boys Fitness	All Years	Monday	1.15pm-1.45pm	Fitness Factory
Basketball	10 & 11	Tuesday	10.45am-11.15am	Sports Hall
Gymnastics	KS3	Tuesday	10.45am-11.15am	Gym
Girls Fitness	All Years	Tuesday	10.45am-11.15am	Fitness Factory
Badminton	KS3	Tuesday	1.15pm-1.45pm	Sports Hall
Basketball	10 & 11	Tuesday	1.15pm-1.45pm	Gym
Table Tennis	All Years	Tuesday	1.15pm-1.45pm	Lower School Hall
Boys Fitness	All Years	Tuesday	1.15pm-1.45pm	Fitness Factory
Girls Netball Club	All Years	Tuesday	After School	
Football Fixtures	7	Tuesday	After School	
Football Fixtures	10	Tuesday	After School	
Basketball	10 & 11	Wednesday	10.45am-11.15am	Sports Hall
Basketball	7, 8 & 9	Wednesday	10.45am-11.15am	Gym
Boys Fitness	All Years	Wednesday	10.45am-11.15am	Fitness Factory
Indoor Football	All Years	Wednesday	1.15pm-1.45pm	Sports Hall

EXTRA CURRICULAR ACTIVITIES

Subject	Year Groups	Day	Time	Location
P.E.				
Basketball	10 & 11	Wednesday	1.15pm-1.45pm	Gym
Table Tennis	All Years	Wednesday	1.15pm-1.45pm	Lower School Hall
Girls Just Dance/Fitness	All Years	Wednesday	1.15pm-1.45pm	Fitness Factory
Football Club	All Years	Wednesday	After School	
Football Fixtures	9	Wednesday	After School	
Netball Fixtures	7 & 8	Wednesday	After School	
Basketball	10 & 11	Thursday	10.45am-11.15am	Sports Hall
Girls Basketball	All Years	Thursday	10.45am-11.15am	Gym
Basketball	10 & 11	Thursday	1.15pm-1.45pm	Sports Hall
Multi-sports	All Years	Thursday	1.15pm-1.45pm	Gym
Boys Fitness	All Years	Thursday	1.15pm-1.45pm	Fitness Factory
Football Fixtures	8	Thursday	After School	
Football Fixtures	11	Thursday	After School	
Netball Fixtures	9	Thursday	After School	
Basketball	10 & 11	Friday	10.45am-11.15am	Sports Hall
Basketball	7, 8 & 9	Friday	10.45am-11.15am	Gym
Girls Fitness	All Years	Friday	10.45am-11.15am	Fitness Factory
Badminton	KS4	Friday	1.15pm-1.45pm	Sports Hall
Basketball	10 & 11	Friday	1.15pm-1.45pm	Gym
Badminton	GCSE	Friday	After School	
Science				
KS3 Homework Club	7-8	Tuesday	2.45pm-3.45pm	B01, B02, B13
Year 10 High Ability Club	10	Tuesday	3.00pm-4.00pm	
Year 9 High Ability Club	9	Tuesday	3.00pm-4.00pm	B14
Technology				
Design and Make It Club	7 - 8	Wednesday	2.45pm-3.45pm	L05



Term 5/6 Year 10 Science Exams

Topics that could come up....



Exam Dates:

Biology 21 May 2019

Chemistry 5 June 2019

Physics 10 June 2019

Biology:

(Paper 1 content)

- **Cell Biology**
(Cell structure, microscopes, cell division, stem cells, diffusion, osmosis, active transport)
- **Organization**
(enzymes, blood and heart, plant transport)
- **Infection and Response**
(pathogens, body defences, immunity, antibiotics, drug development)
- **Bioenergetics**
(Respiration and photosynthesis)

Chemistry:

(Paper 1 content)

- **Atomic Structure and periodic table.**
- **Bonding, Structure and properties of matter**
- **Quantitative chemistry**
[Amount of Substance (HT)]
- **Chemical Changes**
[Losing or gaining electrons (HT)]
[Strong and Weak acids (HT)]
[Oxidation and reduction (HT)]

Physics:

(Paper 1 content)

- **Energy Stores and Transfers**
- **Electricity (Circuits, calculations, domestic use, national grid, static electricity HT)**
- **Particle model of matter**
(Density, specific latent heat, Pressure **calculation HT**)
- **Atomic Structure (Radiation)**
(Decay, half life, isotopes, nuclear equations, **fission and fusion HT, models**)