## IT'S GOD TOBE BACK!

## We hope you've had an awesome summer.

New school year. New term. New class - so many fresh, new experiences about to unfold and we can't wait to launch our NEW autumn menu in October. We've got something for everyone – flavoursome faves and plant-forward deliciousness.

On top of that, we've got some tasty street food pop-ups to add a bit of excitement throughout the term time too.



## DID YOU KNOW?

Secondary school pupils can enjoy a FREE school lunch if their parents receive one or more qualifying benefits.

## PROTEIN FOR PRO-TEENS

Protein plays many important roles in maintaining our health, including preserving muscle strength, wound healing, making new cells and repairing old.

Try to eat a variety of protein foods and make sure you include plant-based sources like beans, peas and lentils more often.

